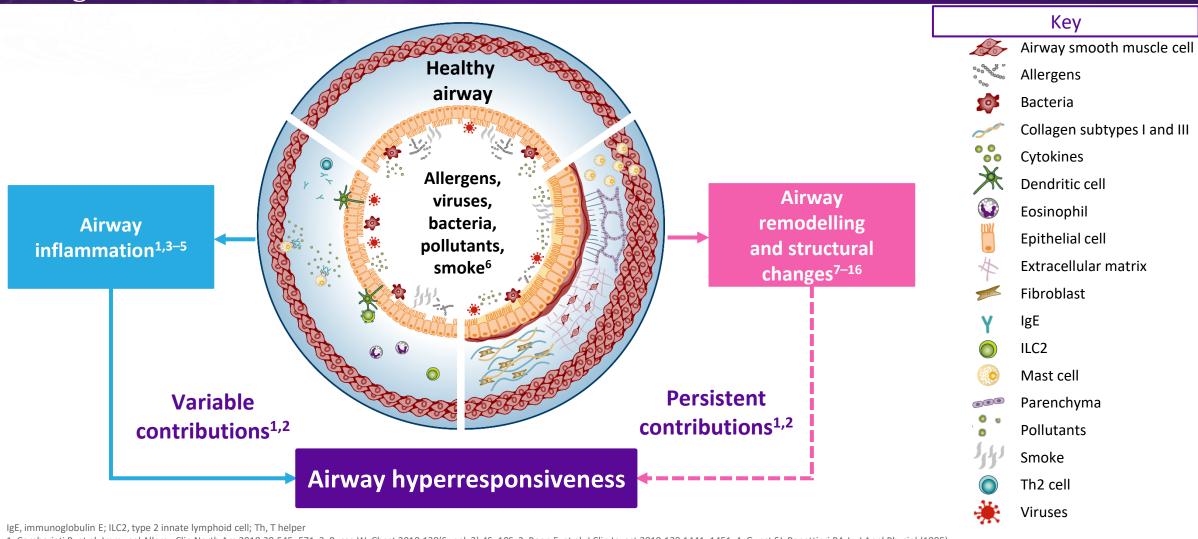
Airway hyperresponsiveness: a complex interplay between airway inflammation, airway remodelling and structural changes^{1,2}





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Epithelial cytokines play a fundamental role in asthma pathogenesis by driving airway inflammation, remodelling and hyperresponsiveness¹



Airway inflammation

- In response to external insults, epithelial cytokines may initiate an inflammatory response²
- The resultant inflammatory responses involve chemokines and cytokines, mast cell activation and airway smooth muscle cell proliferation²
- Severity of airway hyperresponsiveness positively correlates with eosinophil and mast cell quantity³

Healthy airway Allergens, viruses, bacteria, pollutants, smoke⁷

Airway remodelling and structural changes

- Epithelial damage initiates airway remodelling, which is mediated by epithelial cytokines⁶
- Structural changes in the airway lead to airway narrowing and obstruction^{4,5}
- Changes in airway smooth muscle and its interactions with mast cells are thought to be associated with airway hyperresponsiveness^{5,7–9}

Persistent contributions^{4,10}

Variable contributions^{4,10}

Airway hyperresponsiveness

IL, interleukin; TSLP, thymic stromal lymphopoietin



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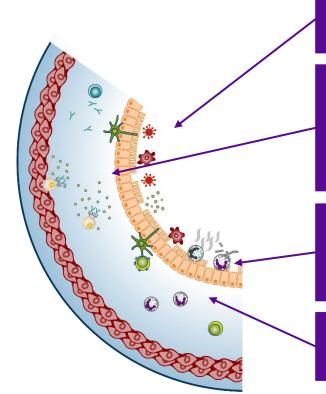
^{9.} Gil FR, et al. Can J Physiol Pharmacol 2007;85:133–140; 10. Comberiati P, et al. Immunol Allergy Clin North Am 2018;38:545–571

Multiple factors contribute to airway hyperresponsiveness: airway inflammation



The degree and/or severity of airway inflammation contributes to the variability of airway hyperresponsiveness

in patients^{1,2}



Triggers include allergens,^{3,4} infections,^{5,6} occupational triggers (TDI)^{7,8} and environmental triggers (O_3 , NO_2 , diesel exhaust)⁹

Epithelial cytokines, including TSLP, IL-25 and IL-33, are released from epithelial cells and induce the release of downstream inflammatory cytokines (eg IL-4, IL-5 and IL-13) that may drive inflammation, bronchoconstriction and airway hyperresponsiveness^{1,10,11}

Intraepithelial mast cells and eosinophils are also associated with indirect and endogenous airway hyperresponsiveness, respectively, with eosinophils also being associated with T2 inflammation^{12–14}

Severity of airway hyperresponsiveness positively correlates with the number of eosinophils and mast cells in the airways¹⁵

* However, airway hyperresponsiveness can occur independently of airway inflammation 16

IL, interleukin; NO₂, nitrogen dioxide; O₃, ozone; T2, type 2; TDI, toluene diisocyanate; TSLP, thymic stromal lymphopoietin

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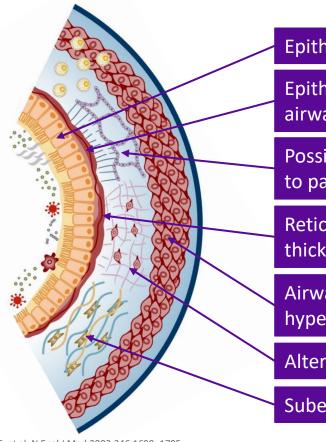


Multiple factors contribute to airway hyperresponsiveness: airway remodelling and structural changes



- ∴ Airway remodelling, encompassing a range of structural changes, is considered to have permanent/persistent contributions to airway hyperresponsiveness^{1,2}
- ☼ Infiltration of mast cells into airway smooth muscle and the resultant interactions between the two cell types are associated with disordered airway function and airway hyperresponsiveness^{3,4}
- Fundamental physiological changes in the airway smooth muscle, known as airway hypercontractility, involve mast cells and are hypothesised to be another cause of airway hyperresponsiveness^{5,6}
- ∴ Airway remodelling/structural changes and their contributions to airway hyperresponsiveness is an area of evolving research⁷⁻⁹

Structural changes responsible for the bronchoconstriction observed in airway hyperresponsiveness include:



Epithelial damage¹⁰

Epithelial cell hyperplasia / airway wall thickening^{10,11}

Possible loss of airway tethering to parenchyma^{12,13}

Reticular basement membrane thickening^{10,14}

Airway smooth muscle hypertrophy and hyperplasia^{15,16}

Altered extracellular matrix¹⁷

Subepithelial fibrosis¹⁸



^{1.} Comberiati P, et al. Immunol Allergy Clin North Am 2018;38:545–571; 2. Busse W. Chest 2010;138(Suppl. 2):45–10S; 3. Brightling CE, et al. N Engl J Med 2002;346:1699–1705;

^{4.} Bradding P, Arthur G. Clin Exp Allergy 2016;46:194–263; 5. Berair R, et al. J Allergy (Cairo) 2013;2013:185971; 6. Gil FR, Lauzon A-M. Can J Physiol Pharmacol 2007;85:133–140; 7. Chapman DG, Irvin CG. Clin Exp Allergy 2015;45:706–719;

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