

Epithelial Driven Disease Patient Cases

Gender: Female

Age: 51

Diagnosis: Chronic rhinosinusitis with nasal polyps

51-year-old female with frequent nasal congestion and chronic loss of smell

Background and clinical history



The patient is a 51-year-old female smoker with frequent nasal congestion and chronic loss of smell



Childhood

· History of allergic rhinitis as a child



Adulthood

- Began to experience rhinorrhoea symptoms in her late 30s
- Symptoms continued to worsen, and in her mid 40s her loss of smell became chronic
- Treated with topical nasal corticosteroids and oral corticosteroids which provided temporary benefit
- · Diagnosed with CRSwNP

Current situation



- Underwent successful nasal polyp surgery approximately 4 years prior
 - Symptoms abated for <2 years before slowly beginning to increase in frequency and severity
- The patient now experiences frequent nasal congestion and headaches, and chronic loss of smell
- Received one course of SCS for nasal polyps in the past year

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Examination and diagnosis



Examination

· Appears mostly well, except for visible nasal polyps and thick mucoid collections

Diagnosis

CRSwNP

Tests	
Spirometry	Normal
Biomarkers	
Blood eosinophil count	355 cells/µL
FeNO	20 ppb
Scores	
Nasal congestion score	3
NPS	6
SNOT-22	68
CT-LMK	19
Imaging	
CT scan	Evidence of sinonasal inflammation and nasal polyps