

Epithelial Driven Disease Patient Cases

Gender: Male

Age: 68

Diagnosis

Chronic obstructive pulmonary disease

68-year-old male former smoker with persistent COPD symptoms

Background and clinical history



The patient is a 68-year-old male smoker with a history of smoking for >50 pack-years and persistent COPD symptoms



Childhood

- · Did not have any airway disease as a child
- · Began smoking as a teenager



Adulthood

- Began to experience intermittent COPD symptoms in his early 50s
- · Cough, dyspnoea and wheezing

Current situation



- Former regular smoker with a history of smoking for >50 pack-years
- · Exacerbation frequency is increased during an infection
- Struggles to complete daily tasks due to dyspnoea and constant wheezing
- Currently treated with triple therapy (ICS/LABA/LAMA)



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Examination and diagnosis



Examination

- · Audible wheezing
- · Appears exhausted and defeated

Diagnosis

· COPD with persistent symptoms and exacerbations



Tests	
Spirometry (FEV ₁)	6% reversibility
Pre-BD FEV ₁	1.0 L
Oxygen saturation	92%
6-minute walk	405 m
CAT	23
Biomarkers	
Blood eosinophil count	200 cells/µL
FeNO	18.7 ppb
Imaging	
CT scan	Consistent with emphysema
Observations	
Exacerbations in the past year	3
Requiring hospitalisation	1